AMENDMENTS TO THE CLAIMS:

Claims 1 - 34 (Canceled)

35. (Currently Amended) A system for teaching a person the proper way to swing a baseball bat to meet a moving ball comprising:

a batting swing trainer including a shaft having first and second ends, a cylindrical handle attached to the first end of the shaft, a cylindrical head having a central bore with the second end of the shaft being fixed in the bore, and a graspable cylindrical slide sized to accommodate all of the fingers of a user's hand for striking the head to produce an audible signal, the slide being mounted on the shaft for axial sliding movement between the handle and the head,

a stop attached adjacent the handle, and

the graspable slide having first and second ends and including first and second buffers at its first and second ends, the first buffer limiting movement of the graspable slide toward the handle by contacting the stop adjacent the handle and the second buffer limiting movement of the graspable slide toward the head by contacting the head;

wherein the shaft is hollow and a weighted member is secured within the shaft.

- 36. (Previously Presented) The system of claim 35 in which the shaft has a substantially uniform circumference.
 - 37. (Cancelled)
- 38. (Currently Amended) The system of claim 35, wherein the weighted member is a solid rod.

39. (Currently Amended) A system for teaching a person the proper way to swing a baseball bat to meet a moving ball comprising:

a batting swing trainer including a shaft having first and second ends, a cylindrical handle attached to the first end of the shaft, a cylindrical head having a central bore with the second end of the shaft being fixed in the bore, and a graspable cylindrical slide sized to accommodate all of the fingers of a user's hand for striking the head to produce an audible signal, the slide being mounted on the shaft for axial sliding movement between the handle and the head,

a stop attached adjacent the handle,

the graspable slide having first and second ends and including first and second buffers at its first and second ends, the first buffer limiting movement of the graspable slide toward the handle by contacting the stop adjacent the handle and the second buffer limiting movement of the graspable slide toward the head by contacting the head, and

The system of claim 35 including a plurality of rods for securing within the shaft, the rods being of varying weight and length depending on the needs and demands of the user and the length of the shaft.

- 40. (Previously Presented) The system of claim 35 including interchangeable heads of differing weights.
- 41. (Previously Presented) The system of claim 40, wherein the interchangeable heads have weights selected from the group consisting of 12, 16, 20, 26, and 32 ounces.
- 42. (Previously Presented) The system of claim 35 in which the head is adapted to receive a cap and caps of differing weights are provided.
- 43. (Previously Presented) The system of claim 35, wherein the handle is covered with a leather wrap, foam grip or other suitable material and the slide is covered with a leather wrap, foam grip or other suitable material to match the covering of the handle.
- 44. (Previously Presented) The system of claim 35, wherein the system includes handles of differing sizes and weights and the handles are removable and interchangeable with other handles of differing sizes and weights.

A

- 45. (Previously Presented) The system of claim 35, wherein the stop comprises a ring secured to the shaft.
- 46. (Previously Presented) The system of claim 35, wherein the stop comprises first and second portions adapted to fit together to form a ring around the shaft.
- 47. (Previously Presented) The system of claim 35, wherein the buffers are rings affixed to the distal ends of the graspable slide.
- 48. (Previously Presented) The system of claim 35, wherein the handle and slide have substantially the same diameter.
- 49. (Previously Presented) The system of claim 35, wherein the shaft and the handle are constructed substantially of aluminum.
- 50. (Previously Presented) The system of claim 35, wherein the shaft and handle are constructed substantially of a metal alloy.
- 51. (Previously Presented) The system of claim 35 in which mechanical or electronic means are used to emit the audible signal.

Claims 52 - 55 (Canceled)